

**DIETETICS FOUR-YEAR PLAN**  
**Iowa State University Catalog, 2018-2019**  
 Department of Food Science and Human Nutrition

First Year			
Fall Semester		Spring Semester	
FS HN 110, Professional/Educational Preparation	1	FS HN 167, Introduction to Human Nutrition	3
CHEM 163 or 177, College or General Chem. I	4	CHEM 178, General Chem. II, if CHEM 177 taken	3
CHEM 163L or 177L, Chemistry Laboratory	1	Or, elective	
BIOL 211, Principles of Biology I	3	BIOL 212, Principles of Biology II	3
Math 140, 143, 160, 165, or 181 Math course	3	BIOL 212L, Principles of Biology Laboratory II	1
ENGL 150, Critical Thinking and Communication	3	PSYCH 101, Introduction to Psychology	3
LIB 160, Information Literacy	<u>1</u>	Humanities course	<u>3</u>
Total credits:	16	Total credits:	16

Second Year			
Fall Semester		Spring Semester	
CHEM 231, Elementary Organic Chemistry	3	<b>FS HN 265, Nutr.for Active&amp;Healthy Lifestyles**</b>	3
CHEM 231L, Elementary Organic Chem. Lab.	1	BBMB 301, Survey of Biochemistry	3
<b>BIOL 255, Fundamentals of Human Anatomy*</b>	3	<b>BIOL 256&amp;256L** or BIOL 335**</b> Physiology	3-4
<b>BIOL 255L, Fund. of Human Anatomy Lab.*</b>	1	MICRO 201, Introduction to Microbiology	2
ENGL 250, Written, Oral, Visual, Electronic Comp.	3	MICRO 201L, Introductory Microbiology Lab.	1
FS HN 203, Contemporary Issues in FSHN	1	Humanities course (H Sci) or Elective (AgLS)	<u>3</u>
STAT 104 (3cr) or 101 (4cr), Statistics course	<u>3-4</u>	Total credits:	15-16
Total credits:	15-16	<b>Apply for admission to the program by March 1</b>	

Acceptance into the Didactic Program in Dietetics is required before the third year.

Third Year			
Fall Semester		Spring Semester	
<b>FS HN 340, Foundations of Dietetic Practice*</b>	1	<b>FS HN 361, Nutrition and Health Assessment**</b>	2
<b>FS HN 360, Adv. Nutrition &amp; Reg. of Metabolism*</b>	3	<b>FS HN 362, Nutrition in Growth &amp; Development**</b>	3
FS HN 214, Scientific Study of Food	3	FS HN 367, Medical Terminology for Health Prof.	1
FS HN 215 (Or, FS HN 115) Food Preparation Lab.	1-2	HSP M 380, Quantity Food Production Mgmt.	3
SP CM 212, Fundamentals of Public Speaking	3	HSP M 380L, Quantity Food Prod.&Service Mgmt Exp	3
Humanities/social sci. (H Sci) or ENV S (AgLS)	<u>3</u>	FS HN 342, World Food Issues	<u>3</u>
Total credits:	14-15	Total credits:	15

Fourth Year			
Fall Semester		Spring Semester	
<b>FS HN 461, Medical Nutrition and Disease I*</b>	4	<b>FS HN 464, Medical Nutrition and Disease II**</b>	3
<b>FS HN 463, Community Nutrition*</b>	3	<b>HSP M 392, Foodservice Systems Mgmt. II**</b>	3
<b>HSP M 391, Foodservice Systems Management I*</b>	3	FS HN 403, Food Laws and Regulations	2
FS HN 411, Food Ingredient Interactions and Form.	2	FS HN 480, Professional Communication in FSHN	1
FS HN 466, Nutrition Counseling & Educ. Methods	<u>3</u>	Elective(s)	<u>5-6</u>
Total credits:	15	Total credits:	14-15

Choose elective courses to total  $\geq$  120 credits.

\* **Fall-only course offering**, \*\* **Spring-only course offering**. Planned course offerings may change, and students need to check the online Schedule of Classes each term to confirm course offerings: <http://classes.iastate.edu/>.

*Note: This sequence is only an example. The number of credits taken each semester should be based on the individual student's situation. Factors that may affect credit hours per semester include student ability, employment, health, activities, and grade point considerations. Updated November 2016*