**Guide for Citing References in Scientific Writing**

1. **Citations in the text.**

When you write about ideas or scientific information presented in an article, you must cite the article from which you obtained the information. **Do not use direct quotations from the source**. Instead, put the main idea/finding into your own words and cite the source of the information. Cite publications in the text with the author’s **last name and the year, in parentheses**. For two authors, use both names. For multiple authors, use “et al.” (Latin “et alii” for “and others") or “and others” after the first author’s name. If you mention the author in the text, cite the year in parentheses. These citations are designed to allow one to look up the reference easily by name and date in the citation list at the end of your paper.

**Examples:**

1. The starch granules are normally elongated in the milk stage (Brown 1956).

2. Hendrich et al. (2009) reported . . .

3. …other work (Ford and Fuchs 2004) has shown that…

4.…and recent work (Birt et al. 2010) has shown that ...

5.…several investigators (Brown 1956; Birt and others 2010) have shown that…

6.…new developments in technology (IFT 2005) indicate...

**2. References at the end:**

You may use a reference manager, such as EndNote, that will automatically format references according to a specified journal’s style. EndNote will automatically insert a reference citation into your text and at the end of your paper from a collection of references that you have identified and added into your EndNote reference database. The ISU Library provides instruction on how to use EndNote.

*The following reference format information is from the Journal of Food Science (at* [*http://www.ift.org/knowledge-center/read-ift-publications/journal-of-food-science.aspx*](http://www.ift.org/knowledge-center/read-ift-publications/journal-of-food-science.aspx)*):*

List only those references cited in the text. References are listed alphabetically by the first author’s last name. Single author precedes same author with co-authors. When the author designation (name or names) is identical in two or more references, these references are sequenced by publication date (earliest to latest). Type references flush left as separate paragraphs. Within a citation, do not indent manually, let the text wrap. Use the following format.

**Journal article:** Author(s). Year. Article title. Journal title. Volume number: inclusive pages.

*Example:*  
Smith JB, Jones LB, Rackly KR. 1999. Maillard browning in apples. J Food Sci 64:512-8.

Form of citation in text: (Smith and others 1999).  
  
**Electronic journal article:** Author(s). Year. Title of article. Name of electronic journal [serial online]. Volume number: inclusive pages. Available from [give site]. Posted date.

*Example:*  
Steinkraus KH. 2002. Fermentation in world food processing. Comp Rev Food Sci Food Safety [serial online]. 1:23-32. Available from IFT (ift.org). Posted Apr 1, 2002.

Form of citation in text: (Steinkraus 2002)  
 **Book:** Author(s) [or editor(s)]. Year. Title. Edition or volume (if relevant). Place of publication: Publisher name. Number of pages.

*Example:*  
Spally MR, Morgan SS. 1989. Methods of food analysis. 2nd ed. New York: Elsevier. 682 p.

Form of citation in text: (Spally and Morgan 1989).

**Chapter in book:** Author(s) of the chapter. Year. Title of the chapter. In: author(s) or editor(s). Title of the book. Edition or volume, if relevant. Place of publication: Publisher name. Inclusive pages of chapter.

*Example:*  
Rich RQ, Ellis MT. 1998. Lipid oxidation in fish muscle. In: Moody JJ, Lasky, UV, editors. Lipid oxidation in food. 6th ed. New York: Pergamon. p 832-55.

Form of citation in text: (Rich and Ellis 1998).

**Websites and other internet material:** Title or webpage or database [medium designator]. Edition (if relevant). Place of publication: Publisher; date of publication [date updated; date accessed]. Notes.

*Example:*  
FoodSciNet: Education resources online [Internet]. Columbus, OH: Food Science Education Association; c1999-2008 [Accessed 2008 Oct 17]. Available from: <http://foodscinet.org>.

Form of citation in text: (FoodSciNet 2008)