Internship Checklist

Begin your Search:

- Update resume. Visit the college Career Services Office for assistance.
  
  College of Human Sciences Career Services
  131 MacKay Hall
  hsicareers@iastate.edu
  515 294-0626

  College of Ag. & Life Sciences Career Services
  15 Curtiss Hall
  mikegaul@iastate.edu
  515 294-4725

- Look for internship opportunities (may be paid or unpaid):
  - CYHIRE: https://cyhire.iastate.edu/students/index.php?signin_tab=0
  - Career Fair: https://www.career.iastate.edu/career-fairs/
  - Food Company Websites
  - Contact potential companies to discuss possible internship opportunities
  - Career Websites:
    - https://www.careersinfood.com/
    - https://www.goodfoodjobs.com/

Selection Criteria for Internship

To assist you in the selection of an applicable food science or culinary internship experience, the internship site must meet at least one (1) of the following criteria:

FS HN 491 B Food Science Experience:
- Food manufacturer, research lab, quality assurance or test kitchen.
- Food industry organization that can offer a food science based experience. Ex. Iowa Soybean Association, 4-H, ISU Extension, etc.
- Qualified Study Abroad experience with a focus in food science. (2 week minimum, 2 credits): http://www.fshn.hs.iastate.edu/undergraduate/study-abroad/

FS HN 491 D Culinary Experience:
- Fine or casual dining restaurants, catering, grocery store kitchens, banquet kitchens, country club kitchen or institutional kitchen.
- Test kitchen, in which the student will focus on recipe development and utilizing their culinary skills.
- Other organizations that can offer an experience with a focus on culinary skills.
- Qualified Study Abroad experience with a culinary focus (2 week minimum, 2 credits): http://www.fshn.hs.iastate.edu/undergraduate/study-abroad/

Once You Have An Internship:
- Schedule a meeting with the Culinary Food Science Coordinator.
- Complete Internship Approval Form and have your cooperating supervisor sign it. Develop three professional objectives for the internship experience.
• Turn the Approval Form into the Culinary Food Science Coordinator for final approval.
• You will receive a registration code for FS HN 491B/D once you turn in the approval form.

**During the Internship:**

• Continually review your 3 professional objectives
• Complete one **Journal Form** for each 40 hours of your internship experience, five entries total.
• Meet with cooperating supervisor to discuss progress throughout the internship as needed
• Have your cooperating supervisor complete the **Supervisor Evaluation Form** during your final week of the internship.
• Take pictures to include in your **Video Internship Presentation** and **Career Connection**.

**After the Internship Experience Hours are complete, you will be registered for FSHN 491 B/D:**

Typically, this will be the semester following your internship experience, but it may occur during the same semester as your internship.

• Assignments will be due the second Friday of the semester by 5 p.m.

1. Submit the following assignments on Canvas:
   • Cooperating Supervisor Evaluation Form
   • Internship Journal (five entries required)
   • Internship Experience Paper
   • Video Internship Presentation

2. Complete the Career Connection form online:
   [https://hs.iastate.edu/current-students/career-connections/submit-your-experience/](https://hs.iastate.edu/current-students/career-connections/submit-your-experience/)
Internship Approval Form

A minimum of 200 hours required for the internship credits.

You must register your internship on the following link:
https://iastate.qualtrics.com/jfe/form/SV_0N6BbJXKWiHg1dX

__________________________ Date completed

By signing this Approval Form, I am stating that I have reviewed the information in this handbook and understand that I am responsible for submitting all assignments on the due dates indicated. Failure to do so will result in a failing grade.

Intern Name: ___________________________ Date: ___________________________

Company Name: _________________________ Location: (city/state)

Approval by CUFS Coordinator: ________________ Date: ________________

Registration for FSHN 491 credit:
Check One:  ____  FS HN 491 B Food Science Experience
             ____  FS HN 491 D Culinary Experience

Assignment Due Dates
ALL Assignments are due on the second Friday of the semester, you register for internship credits

1. Submit the Career Connections Form online:  https://hs.iastate.edu/current-students/career-connections/submit-your-experience/
Submit the following assignments on Canvas:
2. Internship Journals
3. Cooperating Supervisor Evaluation
4. Internship Experience Paper
5. Video Internship Presentation
Internship Approval Form (cont.)

Internship Objectives

Develop three Professional Objectives for the internship in cooperation with your supervisor before beginning your internship. You should have one objective for each of the following focus areas:

- Food Safety & Policies. Practice proper sanitation standards.
- Technical Skill for the specific internship: food science/culinary principles and skills development i.e. knife skills/technical skills, quality assurance, R&D, etc.
- Professional skill development i.e. leadership, networking, or working in a team.

The culinary food science coordinator must approve these BEFORE you begin the experience.

1. Professional Skill Development:

2. Technical Skill Development:

3. Food Safety:

We agree to comply with the conditions of this agreement:

(Intern, printed and signed)  
(Date)

(Cooperating Supervisor, printed and signed)  
(Date)

Responsibilities of Participating Cooperating Supervisor

1. Schedule the intern to work a **minimum of 200 hours.**
2. Assist the intern in developing three objectives and provide support and guidance to the intern in achieving these objectives.
3. Assess the intern’s performance using the Cooperating Supervisor Evaluation form.
4. If necessary, discuss confidentiality/proprietary agreement.
Internship Guidelines

This internship will allow you to apply knowledge and skills that you have learned in the classroom in a practical on-the-job experience. This course is two credits Satisfactory/Fail grading. This handbook is a guide that will assist you through the internship experience. It explains the registration process and includes the Approval form that must be turned into the culinary food science program coordinator before the internship begins.

**FSHN Department and Program Outcomes Assessment:**
- CUFS 23 demonstrate the ability to work independently and in teams
- CUFE 24 discriminate tasks to achieve a given outcome
- CUFS 28 create oral presentations
- CUFS 29 assemble food science information for a variety of audiences
- CUFS 31 apply critical thinking skills to solve problems
- CUFS 32 apply principles of food science in practical, real-world situations and problems

**Intern Responsibilities & Performance Expectations**

**200 hours minimum is required for FSHN 491 internship credit.**

1. **Complete the internship Approval Form** including your 3 professional objectives. Have the cooperating supervisor sign the internship approval form.
2. **Schedule a meeting with Erica Beirman, Culinary Food Science Coordinator** (ebeirman@iastate.edu) the semester before the internship experience begins to turn in the Approval Form. Once you have, the Approval Form turned in you receive the registration code to register for FSHN 491 B/D credits.
3. **Register your internship with the college (required):**
   [https://iastate.qualtrics.com/jfe/form/SV_0N6BbJXKWiHg1dX](https://iastate.qualtrics.com/jfe/form/SV_0N6BbJXKWiHg1dX)
4. **Enroll in FSHN 491** during the semester in which you complete the academic course requirements. Students will enroll the semester following the completion of the internship experience. Although under special consideration, students may complete the internship experience and the academic requirements of this course simultaneously with prior approval.
5. **Complete all assignments On Time.** See details for each assignment’s due date in the internship handbook. Failure to submit assignments by the deadline will result in a failing grade.

**Responsibilities of Cooperating Supervisor:** the person who will be monitoring and evaluating the intern during this internship experience.

1. Schedule the intern to work a **minimum of 200 hours**.
2. Assist the intern in developing three objectives and provide support and guidance to the intern.
3. Assess the intern’s performance using the Cooperating Supervisor Evaluation form.
4. If necessary, discuss confidentiality/proprietary agreement.
Culinary Food Science Coordinator’s Responsibilities

1. Approve internship experience before the internship begins.
2. Maintain student records of internship experience.
3. Guide and direct intern before, during, and after the internship experience, as needed.
4. Evaluate all assignments and submit grade for student.

Course policies:

Free Expression
Iowa State University supports and upholds the First Amendment protection of freedom of speech and the principle of academic freedom in order to foster a learning environment where open inquiry and the vigorous debate of a diversity of ideas are encouraged. Students will not be penalized for the content or viewpoints of their speech as long as student expression in a class context is germane to the subject matter of the class and conveyed in an appropriate manner.

Academic Dishonesty
The class will follow Iowa State University’s policy on academic dishonesty. Anyone suspected of academic dishonesty will be reported to the Dean of Students Office.

Accessibility Statement
Iowa State University is committed to assuring that all educational activities are free from discrimination and harassment based on disability status. Students requesting accommodations for a documented disability are required to work directly with staff in Student Accessibility Services (SAS) to establish eligibility and learn about related processes before accommodations will be identified. After eligibility is established, SAS staff will create and issue a Notification Letter for each course listing approved reasonable accommodations. This document will be made available to the student and instructor either electronically or in hard-copy every semester. Students and instructors are encouraged to review contents of the Notification Letters as early in the semester as possible to identify a specific, timely plan to deliver/receive the indicated accommodations. Reasonable accommodations are not retroactive in nature and are not intended to be an unfair advantage. Additional information or assistance is available online at www.sas.dso.iastate.edu, by contacting SAS staff by email at accessibility@iastate.edu, or by calling 515-294-7220. Student Accessibility Services is a unit in the Dean of Students Office located at 1076 Student Services Building.

 Discrimination and Harassment
Iowa State University does not discriminate on the basis of race, color, age, ethnicity, religion, national origin, pregnancy, sexual orientation, gender identity, genetic information, sex, marital status, disability, or status as a U.S. Veteran. Inquiries regarding non-discrimination policies may be directed to Office of Equal Opportunity, 3410 Beardshear Hall, 515 Morrill Road, Ames, Iowa 50011, Tel. 515-294-7612, Hotline 515-294-1222, email eooffice@iastate.edu

Prep Week
This class follows the Iowa State University Prep Week policy as noted in section 10.6.4 of the Faculty Handbook.
Religious Accommodation

Iowa State University welcomes diversity of religious beliefs and practices, recognizing the contributions differing experiences and viewpoints can bring to the community. There may be times when an academic requirement conflicts with religious observances and practices. If that happens, students may request the reasonable accommodation for religious practices. In all cases, you must put your request in writing. The instructor will review the situation in an effort to provide a reasonable accommodation when possible to do so without fundamentally altering a course. For students, you should first discuss the conflict and your requested accommodation with your professor at the earliest possible time. You or your instructor may also seek assistance from the Dean of Students Office at 515-294-1020 or the Office of Equal Opportunity at 515-294-7612.

Contact Information for Academic Issues

If you are experiencing, or have experienced, a problem with any of the above statements, email academicissues@iastate.edu

Grading and Required Assignments

A minimum of 75% must be obtained on every assignment, receiving less than 75% on one or more assignments will result in a failing grade for the course.

Assignments:  
- Internship Journals (5 entries 20 points each) 100 points  
- Internship Experience Paper 100 points  
- Career Connections Submission 50 points  
- Video Internship Presentation 100 points  
- Supervisor Evaluation Form 50 points  

Total: 400 points

Assignment Due Dates

ALL Assignments are due on the second Friday of the semester, you register for internship credits

1. Submit the Career Connections Form online: https://hs.iastate.edu/current-students/career-connections/submit-your-experience/

Submit the following assignments on Canvas:

2. Internship Journals  
3. Cooperating Supervisor Evaluation  
4. Internship Experience Paper  
5. Video Internship Presentation
**Internship Journal 20 points each**  
**5 entries required**

<table>
<thead>
<tr>
<th>Internship Journal Rubric</th>
<th>Exemplary (5)</th>
<th>Good (4)</th>
<th>Proficient (3)</th>
<th>Marginal (2-0)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Objectives</strong></td>
<td>Objectives, new experiences, skills &amp; accomplishments are discussed a majority of the time and fully analyzed</td>
<td>Objectives, new experiences, skills &amp; accomplishments discussed</td>
<td>Objectives, new experiences, skills &amp; accomplishments discussion is minimal</td>
<td>Objectives, new experiences, skills &amp; accomplishments mentioned but not analyzed</td>
</tr>
<tr>
<td>Analysis; new experiences, skills and accomplishments</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Observation</strong></td>
<td>Observations of professional behaviors/interactions are thorough and fully analyzed</td>
<td>Observations of professional behaviors/interactions consistently documented</td>
<td>Observations of professional behaviors/interactions are documented the analysis could be enhanced</td>
<td>Observations of professional behaviors/interactions are brief and lack analysis</td>
</tr>
<tr>
<td>Analysis of Professional behaviors/interactions</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Satisfaction/Concerns</strong></td>
<td>Satisfaction/Concerns are thoroughly discussed</td>
<td>Satisfaction/Concerns consistently documented</td>
<td>Satisfaction/Concerns are documented but minimally discussed</td>
<td>Satisfaction/Concerns are brief and lack discussion</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Format, Grammar, Spelling, Punctuation</strong></td>
<td>Entries are typed and organized. No grammatical, spelling or punctuation errors</td>
<td>All entries are typed. Almost no grammatical, spelling or punctuation errors</td>
<td>All entries are typed. Few grammatical, spelling or punctuation errors</td>
<td>Entries are not typed or organized. Significant grammatical, spelling or punctuation errors</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Total:</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
# Internship Journal Form

<table>
<thead>
<tr>
<th>Name</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Company/Organization</td>
<td></td>
</tr>
<tr>
<td>Dates Worked</td>
<td></td>
</tr>
</tbody>
</table>

One entry is required for every 40 hours of work completed with a minimum of 5 journal entries submitted. Each entry is worth up to 20 points. Journal entries must be typed!

Discuss new experiences, skills, accomplishments related to your **professional objectives**:

Observations and Analysis of professional behaviors/interactions you have had in the workplace:

Satisfactions or concerns regarding your experiences during this time:
Internship Experience Paper 100 points

Paper must be:
- Typed, 12–pt. font, double–spaced, on standard 8½x11” typing paper
- No greater than 1” margins on all sides
- Title page should identify: Name, your job title, & company name
- Minimum of 6 pages in length, addressing each content area described below.

INTRODUCTION
- Describe the company/organization and what they do.
- Discuss the responsibilities of your internship position.
- Describe your three professional objectives for the experience. Provide detailed discussion about each objective and how it was accomplished.

TECHNICAL SKILLS
- Describe Food Sanitation/Safety policies and the effectiveness of these policies.
- Discuss technical skills developed specific to the focus of the internship experience i.e. food science or culinary experience.

TRAINING
- Discuss amount, type, and method for training staff
- Express your opinion about the effectiveness of the training.
- Describe changes in which the training method could be improved/enhanced

PROFESSIONAL DEVELOPMENT
- Identify 3 professional skills developed & used during the internship experience
- Explain how each professional skill used during this experience will help in your future professional career.

SUMMARY
- What did you learn about the company/organization from your internship experience?
- What did you learn about yourself during your internship experience?
# Internship Experience Paper Rubric

<table>
<thead>
<tr>
<th></th>
<th>Exemplary (10)</th>
<th>Good (8)</th>
<th>Proficient (6)</th>
<th>Marginal (4)</th>
<th>Unacceptable (0)</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Professional Product</strong></td>
<td>Product is professional and follows formatting requirements and no grammatical errors.</td>
<td>Product is generally professional with few errors and formatting issues</td>
<td>Format and/or errors are significant</td>
<td>Major grammatical errors and formatting errors</td>
<td>The product has unacceptable formatting and errors</td>
<td>____ x 1</td>
</tr>
<tr>
<td><strong>Introduction</strong></td>
<td>Company is thoroughly described. Position held is clearly defined.</td>
<td>Company description and position description is present</td>
<td>Company description and position description could be more thoroughly discussed</td>
<td>Company and position descriptions are listed but not discussed</td>
<td>Company and position descriptions are missing</td>
<td>____ x 1</td>
</tr>
<tr>
<td><strong>Objectives</strong></td>
<td>Objectives are clearly defined and thoroughly explained</td>
<td>Objectives are listed. Discussion could be enhanced</td>
<td>Objectives are listed but not discussed</td>
<td>Objectives are incomplete</td>
<td>Objectives are not present</td>
<td>____ x 2</td>
</tr>
<tr>
<td><strong>Technical Skills</strong></td>
<td>Safety/Sanitation policies are clearly stated. Specific technical skills developed are thoroughly explained</td>
<td>Descriptions of Safety/Sanitation policies are present Specific technical skills developed are stated and explained</td>
<td>Description of Safety/Sanitation policies could be enhanced Technical skills acquired are stated but not explained</td>
<td>Safety/Sanitation policies and technical skills are not clearly stated</td>
<td>This segment is missing from the paper</td>
<td>____ x 2</td>
</tr>
<tr>
<td><strong>Training</strong></td>
<td>Thorough discussion of methods and types of training. Opinions/observations are complete</td>
<td>Discussion of methods &amp; style of training is present</td>
<td>Discussion of methods &amp; style of training is present but lacks further development</td>
<td>Discussion is incomplete</td>
<td>This segment is missing from the paper</td>
<td>____ x 2</td>
</tr>
<tr>
<td><strong>Professional Development</strong></td>
<td>Identified and thoroughly explained all professional skills developed</td>
<td>Identified professional skills developed</td>
<td>Identified and explained some but not all professional skills developed</td>
<td>Discussion about professional skills developed is weak</td>
<td>This entire segment is missing from the paper</td>
<td>____ x 1</td>
</tr>
<tr>
<td><strong>Summary</strong></td>
<td>Thoughtful responses to both summary questions</td>
<td>Response present for both summary questions</td>
<td>Response present for both summary questions but could be enhanced</td>
<td>Minimal response to both summary questions</td>
<td>The summary section is missing</td>
<td>____ x 1</td>
</tr>
</tbody>
</table>

**Total Points** ________ /100
6-10-minute professional video-recorded presentation. You should edit your video for quality purposes. It is important to include images and well developed slides for your Video Internship Presentation.

The presentation must:
- Include a PowerPoint
- You should begin the presentation by introducing yourself
- Describe the company/organization and specific jobs performed
- Describe your professional objectives and if they were attained or not.
- Describe positive and challenging aspects of your internship experience
- Include your evaluation for the company/organization as an internship site.

### Video Internship Presentation Rubric

<table>
<thead>
<tr>
<th>Category</th>
<th>Exemplary (20)</th>
<th>Good (16)</th>
<th>Proficient (12)</th>
<th>Marginal (8)</th>
<th>Unacceptable (4-0)</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Audiovisuals</td>
<td>Audiovisuals included no errors</td>
<td>Audiovisuals included almost no errors</td>
<td>Audiovisuals included a few errors</td>
<td>Audiovisuals included many errors</td>
<td>Audiovisuals included numerous errors</td>
<td></td>
</tr>
<tr>
<td>Introduction: Description of company &amp; position held</td>
<td>Descriptions of property and position held was complete</td>
<td>Descriptions of property and position held could be enhanced</td>
<td>Descriptions of property and position held was too brief</td>
<td>Descriptions of property or position held was missing</td>
<td>Descriptions of property and position held was missing</td>
<td></td>
</tr>
<tr>
<td>Objectives</td>
<td>Detailed Discussion and Analysis of each professional objectives</td>
<td>Discussion and Analysis of each professional objectives is present</td>
<td>Professional objectives discussion could be enhanced</td>
<td>Professional objectives discussion is weak</td>
<td>Professional objectives were not discussed</td>
<td></td>
</tr>
<tr>
<td>Positive and challenging aspects of experience</td>
<td>Both aspects clearly identified and explained</td>
<td>Both aspects are identified and discussed</td>
<td>Both aspects are identified and discussed but lacked details</td>
<td>Both aspects are identified and discussed but were weak</td>
<td>Both aspects not addressed</td>
<td></td>
</tr>
<tr>
<td>Professional presentation</td>
<td>Thoroughly organized presentation Spoke clearly, enthusiastic demeanor, appropriate time</td>
<td>Presentation was organized Spoke clearly Completed within allotted time</td>
<td>Presentation was somewhat organized Spoke clearly most of the time</td>
<td>Presentation was not organized. Speaker lacked confidence Did not manage presentation time</td>
<td>Presentation unorganized; read directly from notes or mumbled Exceeded time limits</td>
<td></td>
</tr>
</tbody>
</table>

**Total Points /100**
Career Connection Assignment

You are required to submit a Career Connection for this assignment. Complete the information on the following link:  https://hs.iastate.edu/current-students/career-connections/submit-your-experience/

Share your experience to help future students decide what they want to do. Your experiences will be published on the web.

**Required fields:** You must fill in all fields noted with a red asterisk (*). Other questions are optional.

**Type of Experience:** Internship

**ISU Coordinator:** Culinary Science – Erica Beirman

Be prepared to add a photo. Since the form is all about a specific experience, upload a photo of yourself at that experience or by a company sign. If photos were prohibited due to the sensitive nature of the work, please upload a nice photo that clearly shows your face with an appropriate background.

---

## Career Connection Rubric

<table>
<thead>
<tr>
<th></th>
<th>Exemplary</th>
<th>Good</th>
<th>Marginal</th>
<th>Unacceptable</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Professional Product</strong>&lt;br&gt;25-0</td>
<td>Profile included no grammatical errors; followed specified format</td>
<td>Profile has few errors;</td>
<td>Profile has numerous errors; specified format was not followed; format segments are missing</td>
<td>Product is sloppy</td>
<td></td>
</tr>
<tr>
<td><strong>Summary Content</strong>&lt;br&gt;20-0</td>
<td>All Required fields are complete with detailed information</td>
<td>Required fields are complete</td>
<td>Not all required fields are complete</td>
<td>Incomplete submission</td>
<td></td>
</tr>
<tr>
<td><strong>Photo included</strong>&lt;br&gt;5-0</td>
<td>Photo Included</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Points ________/50
# Cooperating Supervisor Evaluation Form

The evaluation should be completed at the end of the internship experience.

<table>
<thead>
<tr>
<th>Criteria</th>
<th>Needs Improvement</th>
<th>Satisfactory</th>
<th>Outstanding</th>
<th>N/A</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Job Knowledge</strong></td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Possesses knowledge of job responsibilities and skills to accomplish tasks described in job description, learns new skills/information in timely manner</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Work Performance</strong></td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Completes quality and quantity of work, gives attention to detail, handles stress, has strong work ethic, has neat work area, possesses necessary skills to complete the job, has organizational skills</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Dependability</strong></td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Completes required tasks with minimum supervision, is on time when scheduled to work, responds to organizational needs in a timely manner, is dedicated to doing the job</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Communication</strong></td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Demonstrates strong verbal and written skills, expresses ideas/solutions to problems effectively, professionally communicates with co-workers, uses proper communication channels</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Attitude</strong></td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Accepts constructive criticism; performs job willingly, is enthusiastic, displays commitment to job</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Initiative</strong></td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Moves ahead when given responsibility, assesses what needs to be done and takes action</td>
<td>□</td>
<td>□</td>
<td>□</td>
<td>□</td>
</tr>
<tr>
<td>Comments:</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Interpersonal Skills</strong></td>
<td>□</td>
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<tr>
<td>Cooperates with supervisor, co-workers, and subordinates; is a team player</td>
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<td>Comments:</td>
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</tbody>
</table>

Cooperating Supervisor Signature ___

Title ___

I have discussed this evaluation with the cooperating supervisor: ___

Intern Signature ___

Date ___