Minimum of 120 total semester credits required for the degree.
Course credits shown in parentheses below.

(6) INT’L PERSPECTIVES/U.S. DIVERSITY*
(3) Select from International Perspectives (IP) approved list: https://www.registrar.iastate.edu/students/div-ip-guide/IntlPerspectives-current
(3) Select from U.S. Diversity approved list: https://www.registrar.iastate.edu/students/div-ip-guide/usdiversity-courses

(10) COMMUNICATIONS AND LIBRARY
(3) ENGL 150 Critical Thinking and Communication
(3) ENGL 250 Written, Oral, Visual, Electronic Comp.
(1) LIB 160 Introduction to College Level Research
(3) SP CM 212 Fundamentals of Public Speaking

(9-15) HUMANITIES AND SOCIAL SCIENCES**
College of Agriculture & Life Sciences students, 9 credits
- Humanities and social science requirements:
  (3) Humanities course
  (3) PSYCH 101 Introduction to Psychology
  (3) FS HN 342 World Food Issues
  (This course can also meet the IP requirement)

OR, College of Human Sciences students, 15 credits
- Humanities and social science requirements:
  (6) Humanities courses
  (3) PSYCH 101 Introduction to Psychology
  (3) FS HN 342 World Food Issues
  (This course can also meet the IP requirement)
  (3) Humanities or social science course

(6-8) MATHEMATICAL SCIENCES
(3-4) MATH 140, 143, 160, or 165 Math course
(3-4) STAT 101 or 104 Statistics course

(9) PHYSICAL SCIENCES
(5) CHEM 163 and 163L College Chemistry and Lab or CHEM 177, 177L General Chemistry I
(3) CHEM 231 Elementary Organic Chemistry
(1) CHEM 231L Lab in Elementary Organic Chemistry

(17-18) BIOLOGICAL SCIENCES
(3) BBMB 301 Survey of Biochemistry
(3) BIOL 212 Principles of Biology II
(1) BIOL 212L Principles of Biology Laboratory II
(3) BIOL 255 Fundamentals of Human Anatomy
(1) BIOL 255L Fundamentals of Human Anatomy Lab
(3-4) BIOL 256 and 256L, or BIOL 335 Physiology
(2) MICRO 201 Introduction to Microbiology
(1) MICRO 201L Introductory Microbiology Laboratory

(42-43) FOOD SCIENCE AND HUMAN NUTRITION
(1) FS HN 110 Professional and Educational Preparation
(3) FS HN 167 Introductory Human Nutrition and Health
(3) FS HN 214 Scientific Study of Food
(1-2) FS HN 215 Advanced Food Preparation Laboratory
(Or, FS HN 115 Food Preparation Lab)
(3) FS HN 265 Nutrition for Active & Healthy Lifestyles
(1) FS HN 340 Foundations of Dietetic Practice
(3) FS HN 360 Adv. Nut./Reg. of Met. in Hlth & Disease
(2) FS HN 361 Nutrition and Health Assessment
(3) FS HN 362 Nutrition & Health Through the Lifecycle
(1) FS HN 367 Medical Terminology for Health Professionals
(2) FS HN 430 U.S. Health Systems and Policy
(2) FS HN 411 Food Ingredient Interactions and Formulations
(1) FS HN 445X Strategies for Personal Food Waste Reduction
(4) FS HN 461 Medical Nutrition and Disease I
(3) FS HN 463 Community Nutrition & Health (Course can also meet U.S. Diversity requirement)
(3) FS HN 464 Medical Nutrition and Disease II
(3) FS HN 466 Nutrition Counseling & Educ. Methods
(3) COMST 450B Special Topics in Communication Studies: Health Communication

(12) MANAGEMENT
(3) HSP M 380 Food Production Management
(3) HSP M 380L Food Production Management Experience
(3) HSP M 391 Foodservice Systems Management I
(3) HSP M 392 Foodservice Systems Management II

(0-15) ELECTIVES – Select from any university coursework to earn ≥ 120 total credits prior to graduation.

NOTES:
* Students must fulfill the International Perspectives and U.S. Diversity requirements by selecting coursework from approved lists; these courses may dual with other degree requirements.
** Links to approved humanities and social sciences courses: https://www.cals.iastate.edu/student-services/humanities
https://www.cals.iastate.edu/student-services/social-sciences

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