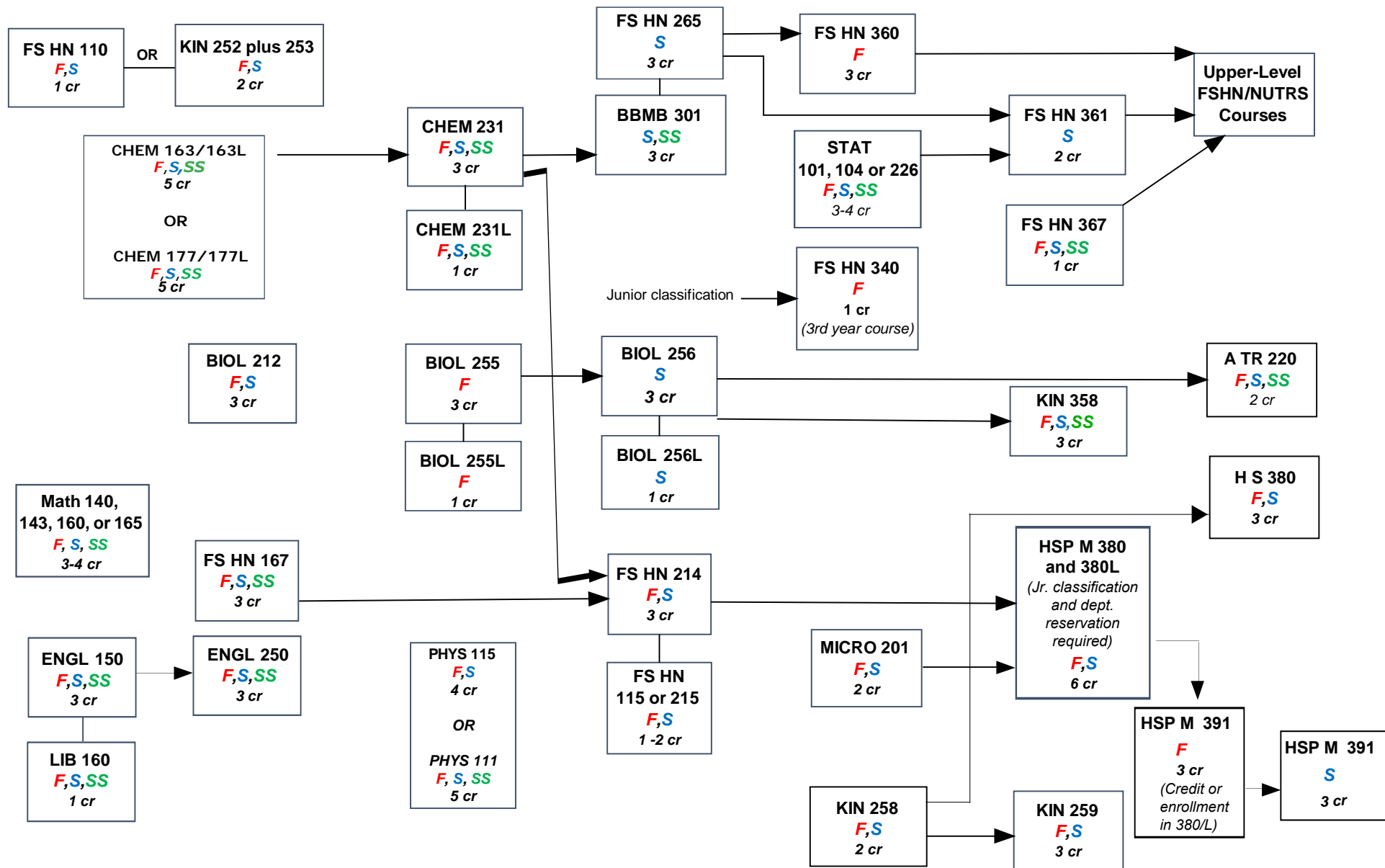


DEGREE PLANNING SHEET SHOWING COURSE SEQUENCES THROUGH THE 3RD YEAR

PRE-DIET & EXERCISE MAJOR

Meet with your academic adviser/major professor to discuss remaining coursework and prerequisites.

*See 2022-2023 Catalog for all course requirements. Course Offerings: **F=Fall**, **S=Spring**, **SS=Summer**



PSYCH 101, PSYCH 230, H S 110, and SP CM 212 can be taken any term, but must be completed or in progress to apply to the Diet and Exercise program (Oct. 1 of the third year). Planned course offerings may change, and students need to check the online Schedule of Classes each term to confirm course offerings: <http://classes.iastate.edu>

Revised 12/2021