NUTRITIONAL SCIENCE OPTIONS:
Health Coach 1
Nutrition & Wellness 2

DEGREE PLANNING SHEET SHOWING COURSES REQUIRING PREREQUISITES
* See 2022-2023 Catalog for all course requirements. Course Offerings: F=Fall, S=Spring, SS=Summer

Selected course options:

ENGL 150  F,S,SS  3 cr
ENGL 250  F,S,SS  3 cr
LIB 160  F,S,SS  1 cr
FS HN 110  F,S  1 cr
FS HN 167  F,S,SS  3 cr
BIOL 211  F,S  3 cr
BIOL 211L  F,S  1 cr
BIOL 212  F,S  3 cr
BIOL 212L  F,S  1 cr
CHEM 163 or 177  F,S,SS  4 cr
CHEM 163L or 177L  F,S,SS  1 cr
MATH 140, 143, 160, or 165  3-4 cr

Select additional coursework and electives based on option:

1  KIN 258, 358, 458; PSYCH 101 or 230; PSYCH 422, 485
2  At least 9 credits of 300- or 400-level electives

Speech, humanities, social sciences, and electives can be completed any term. Planned course offerings may change; students need to check the Schedule of Classes each term to confirm course offerings: http://classes.iastate.edu

Revised 12/2021