

# BACHELOR OF SCIENCE IN NURSING

## Iowa State University Catalog, 2022-2023

Department of Food Science and Human Nutrition

*Minimum of 120 total semester credits required for the degree. Course credits shown in parentheses below.*

### NURSING PROGRAM ADMISSION\*

**Licensure as a Registered Nurse in Iowa or a compact state**  
**Minimum of 2.5 cumulative GPA for all college coursework**  
**Achievement of C grade or above for all prerequisite courses:**

- English Composition I and II (ENGL 150 and 250)
- Introduction to Chemistry (CHEM 163)
- Statistics (STAT 101 or 104)
- Introductory Human Nutrition & Health (FS HN 167)
- Introduction to Sociology (SOC 134)

### (6) INT'L PERSPECTIVES/U.S. DIVERSITY

Students must fulfill these requirements by selecting coursework from approved lists. Students may dual list these courses with other degree requirements.

- (3) Select from International Perspectives (IP) approved list:  
<https://www.registrar.iastate.edu/students/div-ip-guide/IntlPerspectives-current>
- (3) Selection from U.S. Diversity approved list<sup>2</sup>

### (10) COMMUNICATIONS AND LIBRARY

- (3) ENGL 150 Critical Thinking and Communication
- (3) ENGL 250 Written, Oral, Visual, Electronic Comp.
- (1) LIB 160 Introduction to College Level Research
- (3) Oral communication course, select from:  
COMST 214 Professional Communication  
SP CM 212 Fundamentals of Public Speaking

### (12) HUMANITIES AND SOCIAL SCIENCES for College of Human Science students:

- (6) Select humanities courses from approved list:  
<https://www.cals.iastate.edu/student-services/humanities>
- (3) SOC 134 Introduction to Sociology
- (3) Select additional social science from approved list:  
<https://www.cals.iastate.edu/student-services/social-sciences>

### (16-17) HUMANITIES, SOCIAL SCIENCES & CORE courses for College of Agriculture and Life Sciences students:

- (3) Select humanities courses from approved list:  
<https://www.cals.iastate.edu/student-services/humanities>
- (3) SOC 134 Introduction to Sociology
- (3) Select ethics course from approved list<sup>2</sup>
- (3-4) Select math course: MATH 104, 105, 140, 143, 145, 150, 151, 160, 165, or 181
- (3) Select biology course: BIOL 101, 211, or 212
- (1) CHEM 163L (for 5 credits of chem. lecture/lab combined)

### (15-16) MATH, PHYSICAL & BIOLOGICAL SCIENCES

- (3-4) STAT 101 or 104 Statistics course<sup>1</sup>
- (4) CHEM 163 College Chemistry<sup>1</sup>
- (8) Selection from physical and biological sciences<sup>3</sup>

<sup>1</sup>Met with prerequisite requirements

<sup>2</sup>Met with required nursing program course

<sup>3</sup>Met with transfer courses

### NURSING PROGRAM CREDITS

#### (21) NURSING Minimum grade C required:

- (1) NRS 250 Orientation to BSN Nursing
- (3) NRS 320 Essential Concepts for Professional Nursing Practice
- (3) NRS 340 Nursing Research and Evidence-Based Practice
- (3) NRS 420 Promoting a Culture of Health and Wellness
- (4) NRS 440 Population and Community Health Nursing
- (1) NRS 442 Population and Community Health Nursing Practicum
- (3) NRS 460 Nursing Leadership and Management
- (3) NRS 480 Advanced Concepts of Professional Nursing

#### (8) NUTRITION

- (3) FS HN 364 Nutrition and Prevention of Chronic Disease
- (3) FS HN 365 Obesity and Health
- (2) FS HN 430 U.S. Health Systems and Policy

#### (3) ELECTIVES – suggestions below:

- (3) COMST 450B Spec. Topics in Commun.: Health Comm
- (3) FS HN 264 Fundamentals of Nutritional Biochemistry and Metabolism
- (3) FS HN 265 Nutrition for Active and Healthy Lifestyles
- (3) FS HN 342 World Food Issues (IP)
- (2) FS HN 361 Nutrition and Health Assessment
- (3) FS HN 362 Nutrition & Hlth Throughout the Life Cycle
- (3) GERON 373 Death as a Part of Living
- (3) GERON 377 Aging and the Family (HD FS 377)
- (3) HD FS 102 Individual&Family Dev., Health&Well-being
- (3) HD FS 223 Child Development and Health
- (3) HD FS 227 Adolescence and Emerging Adulthood
- (3) HD FS 234 Adult Development
- (3) HD FS 276 Human Sexuality
- (1) H SCI 150 Dialogues on Diversity
- (3) LD ST 322 Leadership in a Diverse Society
- (3) LD ST 333 Women and Leadership
- (1-2) NRS 490 Independent Study
- (3) PHIL 235 Ethical Issues in a Diverse Society
- (3) PHIL 331 Moral Problems in Medicine
- (3) PSYCH 422 Counseling Theories and Techniques
- (3) PSYCH 485 Health Psychology

Discuss alternate elective ideas with Nursing Faculty Advisors.

#### Total credits for the nursing program = 32

**ELECTIVES** if needed – Select from any university coursework to earn a minimum of **120 total credits prior to graduation.**

\* Refer to RN-to-BSN program website for full details of admissions criteria, progression criteria, and graduation requirements: <https://fshn.hs.iastate.edu/find-your-major/nursing/>

Updated January 2022